

Disclaimer

I confirm I have been diagnosed from the doctors with Chronic Fatigue Syndrome (CFS), Post Viral Fatigue, Adrenal Fatigue, or Myalgic Encephalomyelitis (M.E) and I have been given the go ahead to take steps such as using this CFS Healing Program in order to try and help my journey to recovery. I believe that M.E/CFS is a syndrome that can be improved with the right help, tools and strategies. I understand that this CFS Healing Program has not been created by a doctor and I am willing to take 100% responsibility for my recovery and am willing to invest my time, money and effort into my health, wellbeing and recovery. Fees cannot be refunded in the event of not being able to complete the Program, so I have not placed any restrictions on the time it takes to complete it.

All content and media on the CFS Healing Program Website is created and published online for informational purposes only. It is not intended to be a substitute for professional medical advice and should not be relied on as health or personal advice.

Always seek the guidance of your doctor or other qualified health professional with any questions you may have regarding your health or a medical condition. Never disregard the advice of a medical professional, or delay in seeking it because of something you have read on this Website.

You understand that this CFS Healing Program has not been created by a medical professional and it is based upon the personal health journey and experience of an Exercise Professional who has suffered from CFS. CFS Healing Program and its affiliates, their officers, directors, employees and volunteers cannot be held responsible for any loss, damage or worsening of symptoms from employing ideas from this program. It is your decision whether you choose to try some of ideas that have helped Jodi.

If you think you may have a medical emergency, call your doctor, go to the nearest hospital emergency department, or call the emergency services immediately. If you choose to rely on any information provided by the CFS Healing Program Website, you do so entirely at your own risk.

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